



Red-eye tree frog © Shutterstock

**COSTA RICA**

Positioned between two continents, Costa Rica is home to more species of wildlife than any other place on earth: Scarlet Macaws, sea turtles, colourful fish, butterflies, monkeys and sloths to name but a few. Active volcanoes tower above impenetrable jungle and the pristine seas are perfect for snorkelling.

**TORTUGUERO NATIONAL PARK**

**3 days/2 nights  
Hotel/Lodge**

**Departs daily ex San Jose**

<b>Tour cost per person:*</b>	Twin	Single
16 Apr-31 May & 01 Sep-31 Oct		
<b>Manatus Hotel</b>	\$519	\$570
<b>Pachira Lodge</b>	\$310	\$347
<b>Mawamba Lodge</b>	\$293	\$350

\*Prices outside these date ranges on request.

**Price per person includes:** Return scheduled road and boat transfers San Jose to Tortuguero, 2 nights at selected lodge in Tortuguero, all meals, sightseeing as per itinerary including entrance fees and local English speaking guide.

**The canals and rivers of Tortuguero National Park offer an amazing insight into the rainforest, freshwater and marine biology of this area.**

**Access is by boat or small aircraft and accommodation is in small lodges.**

**The Atlantic Green Turtle can be seen between July and October.**

**Day 1 Tortuguero**

Early transfer by road through Braulio Carrillo National Park and then take a boat through the canals of Tortuguero. Afternoon walking tour of the town of Tortuguero with your guide. BLD

**Day 2 Tortuguero**

Enjoy a morning excursion by boat visiting the network of scenic waterways within the national park. In the afternoon hike into the park with a naturalist guide providing information on the exotic fauna, flora and wildlife of the area. BLD

**Day 3 Tour ends**

After breakfast travel by boat and dock near Limon before continuing overland through Braulio Carrillo to San Jose. Tour ends. BL



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Keel Billed Toucan



© Natural Focus Safaris

**PACUARE LODGE**

**3 days/ 2 nights**

**Lodge**

**Departs daily ex San Jose**

<b>Tour cost p.p. twin:*</b>	Garden View Rm	Jungle View Rm	River View Rm
03 Jan-30 Apr & 01 Jul-15 Aug	\$643	\$696	\$834
01 May-30 Jun & 16 Aug-19 Dec	\$560	\$606	\$726
21-31 Dec	\$678	\$730	\$878

\*Single traveller prices on request.

**Price per person includes:** Round trip transportation from/to San Jose by minibus & boat (rafting), 2 nights accommodation with all meals, excursions with local English speaking guide and use of rafting equipment.

**Please note:** Land transfers to the lodge can be arranged as an alternative to rafting. Min age for rafting is 12 years. Max baggage allowance is 11kg.

**An award winning eco-lodge Pacuare** is located on the banks of the Pacuare river surrounded by tropical jungle. Reached primarily by raft, the lodge has been designed to blend with the natural surroundings. The 19 simple but stylish palm-thatched bungalows and suites offer near 360° rainforest views.

**Day 1 Pacuare**

Early morning transfer to Pacuare River. Stop for breakfast before an exhilarating river rafting tour ending at Pacuare Lodge. After lunch choose from hiking to a nearby waterfall, a canopy tour (additional cost), or enjoy the lodge facilities. BLD

**Day 2 Pacuare**

After a hearty breakfast you can pick your activity for the day. Options include guided rainforest hikes, visiting a remote Cabecar Indian family or an adventurous tour of the jungle canopy. BLD

**Day 3 Tour ends San Jose**

Depart the lodge on a fun filled rafting adventure including negotiating rapids. Transfer by minibus to San Jose where your tour ends. BL



© Costa Rican Trails

Pacuare Lodge



© Costa Rican Trails

Rainforest excursion, Pacuare Lodge

## ARENAL & MONTEVERDE

5 days/4 nights

Hotel

Departs daily ex San Jose

**Tour cost per person (Min 2):\*** Twin Single  
04 Jan-17 Feb, 28 Feb-14 Apr,  
25-30 Apr & 01 Jul-31 Aug

**Option A: Tabacon Grand Spa (Arenal)/  
Hotel Fonda Vela (Monteverde)** \$1167 \$1721

**Option B: Hotel Arenal Nayara (Arenal)/  
Hotel Monteverde Lodge (Monteverde)** \$1182 \$1671

**Option C: Hotel Lost Iguana (Arenal)/  
Hotel el Establo (Monteverde)** \$1119 \$1550

\*Prices outside these date ranges on request.

**Price per person includes:** Private road transfer San Jose-Arenal/Monteverde-San Jose, lakes crossing Arenal to Monteverde, 4 nights at selected hotels with breakfast, sightseeing as per itinerary including entrance fees.

**Sights not to be missed on your visit to Costa Rica are the active Arenal Volcano and Monteverde Cloud Forest. Monteverde has a diverse variety of wildlife in a rich tropical cloud forest.**

### Day 1 Arenal

Transfer from San Jose to Arenal. Enjoy an afternoon hike to Arenal Volcano and time to soak in the thermal mineral pools at Tabacon Hot Springs. Overnight at hotel in Arenal.

### Day 2 Arenal

Day at leisure to enjoy the many activities offered. B

### Days 3/4 Monteverde

Travel by boat across the lake from Arenal to Monteverde. Afternoon guided walk along the Sky Walk hanging bridges. Day 4 at leisure to enjoy the many optional activities available. Overnight in Monteverde. B

### Day 5 Tour ends San Jose

Transfer by road to San Jose. Tour ends. B



Beautiful hummingbird in mid-flight



Stunning vistas of Monteverde



Arenal Volcano

## OSA PENINSULA

4 days/3 nights

Lodge

Departs daily ex San Jose

**Tour cost per person:\*** Twin Single  
01 May-31 Aug  
**Lapa Rios Ecolodge** \$1461 \$1821  
**Casa Corcovado** \$1319 \$1437  
**Aguila de Osa** \$1274 \$1418

\*Prices outside this date range on request.

**Price per person includes:** Return private transfer San Jose hotel to airport, return flight San Jose to Osa Peninsula, 3 nights accommodation on a full board basis, and local touring with English speaking guide.

**Osa Peninsula is a nature lover's paradise with an array of secluded beaches and cascading waterfalls. A naturalist guide will accompany you as you hike through wildlife-rich rainforest.**

### Days 1-3 Osa Peninsula

Transfer from San Jose hotel to the airport and fly to Osa Peninsula. On arrival you will be met and transferred by road or boat to your lodge. Spend 2 days enjoying guided hikes through pristine rainforest, home to more than 400 species of birds and 100 species of amphibians and mammals. Overnight at lodge. LD, BLD, BLD

### Day 4 Tour ends San Jose

Transfer by road or boat to the airport. Fly to San Jose. Tour ends. B



Iguana, Osa Peninsula

## NICARAGUA

Granada

3 days/2 nights

Hotel/Lodge

Departs ex Managua or Penas Blancas

**With a rich Spanish colonial heritage the lakeside town of Granada is the perfect starting point for exploring Nicaragua. Affectionately nicknamed 'The Grand Sultan', its colourful past includes pirate ransackings and civil wars that saw the city destroyed to ashes on several occasions. Notable sites include La Polvora Fortress, Dona Elba Gigar, Las Mercedes Church, the Municipal Market and the Iglesia San Francisco.**

**Tour cost per person (Min 2):** Twin  
01 May-31 Oct\*

**La Gran Francia Hotel** \$494  
**Jicaro Lodge** \$932

\*Prices outside this date range on request.

**Price per person includes:** Return airport transfers to/from Managua or Penas Blancas, 2 nights accommodation on BB basis (FB in Jicaro Lodge), private HD city tour.



Jenn Boyd